



Managers, Executives, HR for **Coaching Forum** **Intensive Training**

20 qualifying hours for ICF certification

Dates: 20–22 September 2009

Investment: 700 €

Program will be conducted in **English** by
foreign coach trainers in **Bratislava**

Content

- Philosophy, foundations and models of coaching
- Attitude and knowledge of a **coach-manager**
- Influencing employee **performance** by coaching
- Intensive coach skill training for managers
- Improving **team effectiveness** using coaching

Program Leaders

Michelle Kempton (USA, Spain) - certified coach trainer, mentor and supervisor from the **Coaching Training Institute**, one of the most recognized coaching schools in the world

Jacek Skrzypczyński (Poland, Canada) - **best trainer by Forbes** (2004), certified Leadership and Team Coach and coach trainer



team
coaching



executive &
expat coaching



coaching
expeditions



organizational
coaching systems

professional coach trainer and best trainer by Forbes

What is coaching?

Professional coaching is a development method that helps people **reach their goals** in the working and personal life, and helps organizations attain results through the development of key people and teams. While concentrating on the issues that are **most important for the client** it proves to be an efficient **tool for the strategic planning** of changes and their **business implementation**.

Coaches support and inspire people and organizations - thus helping managers overcome problems and take on new challenges. They achieve it by raising **inner strength** and **motivation** of coachees, deepening their awareness and broadening the spectrum of solutions as well as equipping them with tools that reinforce openness, courage and consistency in their actions.

In the process of coaching, persons and teams become aware of their capabilities, increase the **purposefulness and effectiveness** of their actions - raising their **satisfaction** from work and achieving **results**.

Coach Trainers

Michelle Kempton - Certified Professional Coach by **Coaches Training Institute** (CTI). **Mentor and supervisor coach trainer** for the **Coaches Training Institute** throughout Europe and the Middle East. Leader on **Professional Leadership Program** and **Coaches Training Academy**. Facilitates team coaching and workshops in team development and interactive **leadership skills**. Graduate of UC Santa Barbara (with honors) and **Organizational Relationship Systems Coaching Academy**. MBA professor at 3 MBA programs in Spain (Madrid, Salamanca) as well as for the Football Association and Olympic Committee.

Jacek Skrzypczyński – best trainer by Forbes (2004) Director of Adventure for Thought leadership & strategy. Has broad experience in the field of human and organizational development. As an expert in **Team Coaching** and **Experiential Learning** has developed and led training programs for management boards of many top corporations such as American Express, Cadbury, Coca Cola, GE, HP, Shell, Sun, Toyota and Volvo. MSc in Management from University of Calgary. **Certified Leadership** and **Team Coach** trained by **Coaches Training Institute**, **Marshall Goldsmith** and Team Coaching International. **MBA professor** at Viadrina, Franklin and WSB universities.

About organizers - Aft leadership & strategy

Adventure for Thought leadership & strategy (Aft) is an international training, coaching and consulting firm focused on helping organizations to improve **leadership** and **management** processes. We inspire, develop and support professional leaders, trainers, coaches and managers using coaching, **team coaching** as well as **action, experiential** and expeditionary learning methods.

Aft **Expeditions** conducts expeditionary learning programs enhancing skills of actual and potential leaders worldwide. Aft **Experiential Education Foundation** helps young people to develop their leadership skills.

Program content and benefits ☺

- Learning the foundations, philosophy and models of coaching, how it is different from other development methods, the ways of using it for the **benefit of organizations**
- Three **live demonstrations** of professional coaching by a very experienced coach-demonstrator
- At least **5 practice** sessions where you will coach a client with **feedback** from trainers
- Experiencing at least five sessions of coaching as a client and as an observer
- A chance to be coached on important or **urgent management/development issues**
- Learning where, when and how to implement coaching in your organization
- Learning how to use coaching to **increase effectiveness** of your **leaders/teams**
- Learning many tools and skills for successful coaching, such as:
 - designing coaching alliance for effective collaboration
 - working in the areas of vision, values and mission
 - goal setting, discovering perspectives, using geography
 - identifying resources for performance increases in different areas
 - overcoming barriers for effective leadership
 - using team coaching for identifying and solving management issues
- Additional option: 3 follow up individual coaching/supervisory sessions

Persons who would benefit from the participation in the **Coaching Forum Intensive Training** include managers, directors, executives of companies who are interested in coaching skills, management, applying coaching in their organization, and increasing effectiveness of their key employees.

Program hours: Day 1: **13.30–18.30**; Day 2: **9.30-18.30**; Day 3: **9.30-15.30**

Place: Hotel West, Koliba-Kamzík les, **Bratislava**

Booking and Payment

To **book your place** please pay **100 €** to the bank account of the organizer and send us an **e-mail** with your name(s), company details, contact data and a request for a bill if needed.

The **due date** for total amount (**700 €**) is **September 5th**. After the price will rise to **800 €**. **Lunches** on day 2 and day 3 as well as coffee breaks are included in the price ☺

Option: Three 1hr individual coaching sessions: 480 €

(personal coaching, additional skill training, or applying learned skills to situations at work)

Bank account:

Adventure for Thought, Zagłoby 10A, 54-514 Wrocław, Poland

Bank acc. number: IBAN: PL36 1160 2202 0000 0000 2748 1711

BIC/S.W.I.F.T.: BIGBPLPWXXX

Title for bank transfer: „Aft Coaching Training Bratislava - *your full name*”

Resignation/Refund Policy:

1. Before September 5th we will refund the whole course fee except a registration fee of 100 €.
2. From 5th of September on the course fee is non refundable (but you can send another person)

Contact

Do not forget to **book your place** by e-mail and paying. If you have any questions please contact:

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